Remimeo   HCO BULLETIN OF 5 MARCH 1971
HGC Auditors and   ISSUE II
Scientology Auditors
who are also HSDC's
AO's
Class VII and
above.

EXTERIORIZATION AND HIGH TA

1..   Revises and replaces HCO B 4 Jan 71 of same title by:

   A.   Making Exteriorization Intensive a QUADRUPLE FLOW
   PROCESS.

   B.   Making both HSDC and Scn Classifications a requirement
   for running Exteriorization Intensives.

   C.   Adding additional steps for clearing the commands
   with the preclear.

2.   Revises HCO B 5 Jan 71 "Going Earlier in R3-R and
Exteriorization Intensives" by adding the FOURTH FLOW (FLOW 0)
to the Exteriorization Intensive section therein.

   For a long while we have known that if you audit a person
after he or she has exteriorized, you often get a high Tone
Arm, somatics and an upset case.

   The answer has <u>been</u> to cease to audit a person after
exteriorization has occurred.

   This is so much a fact that five out of five "in trouble"
cases I recently examined had every one of them been audited for
some time after they exteriorized. The TA had or had not gone
high but the cases were bogged. They revived at once when the
fact of exteriorization was located. F/N, VGIs and when
rehabbed (by counting number of times) somatics ceased.

   The rule has been -- don't audit after a pc has exteriorized

   This is one of those very fundamental things that seems
to defy research and yet if not solved will keep things messed
up. Persons who exteriorize on lower grades need their upper
grades and yet if audited further may mess up. This places
a limit on auditing and yet the person may still have
aberrations and somatics. But the fact of having exteriorized
bars the road.

   So I got to work and made a breakthrough on it. Hurrah!

It has now been fully vindicated by long tests and is now released for general use.

EXTERIORIZATION

Exteriorization is defined as the act of moving out of the body with or without full perception.

It is the fact of this act which proves that the individual is not a body but an individual. This discovery in 1952 proved beyond any question the existence of a thetan, that the individual was a thetan, not a body, and disproved that man was an animal and that he was a spiritual being timeless and deathless.

Techniques have existed since 1952 that exteriorize a person. These are not now used because (a) the person, still being aberrated and not Clear, soon returns to his body and (b) when audited thereafter has trouble.

This is a major problem a thetan sometimes has at death. How to exteriorize? He makes it eventually of course but he should be able to do so at once.

But, in my research, I found it unreasonable that a person would be hard to audit just because he had exteriorized and had reinteriorized. For he has obviously done just that at every death and birth and must have done so hundreds of billions of times. So why should a recent exteriorization then make him hard to audit? Yet it did.

My asking of that question was the first breakthrough. The rest soon followed.

ENGRAM BEHAVIOR

We know in Dianetics that if you continue to run the last part of an engram which has in fact an earlier beginning which isn't being run and is ignored the TA will go up.

The reason for this is that the **first** of a chain or the first part of an experience or a first experience (basic on a chain of incidents) has to be run for the chain or incident to erase.

If you only ran the end of incidents you would get a high TA and no erasure.

If you only ran incidents late on the chain you would get a high TA.

Pcs are uncomfortable, feel under pressure, when their TA is high (above 3.5 or up).

If you don't erase incidents or chains of incidents when auditing (or key them out as in release) you get a prepetually high TA.

High TA cases have been "overrun" on something. That however is a very oversimplified explanation. The truth is that they have been run on something that didn't erase. The something has an earlier beginning than was detected or an earlier incident. In life one, having engrams about it, adds new incidents in living until something is "overrun" or done too often. The TA is therefore high.

A TA records MASS. Mental mass has a higher electrical resistance and so measures more "ohms" of resistance, an electrical term for the trouble electricity has in passing through something. The more resistance the more units of resistance are recorded on the meter. The TA actually measures resistance.

Thus, the end of an incident can be restimulated. If the beginning of it is never touched then one will just accumulate more and more mass.

THE MISSED BEGINNING

What has happened here, as regards exteriorization is that we have concentrated on EXTERIORIZATION.

If one is IN something, he must have gotten into it.

Therefore the beginning of an exteriorization is the INTERIORIZATION.

The being went into something before he went out of it.

Exteriorization occurs at death. That's an engram. Interiorization occurs at birth, that's an engram.

So when somebody goes Exterior he is actually liable to key in having gone interior in the first place.

Get it?

So when you exteriorize somebody or he exteriorizes during auditing he gets keyed in a bit and without having audited earlier INTERIORIZATIONS, he has been put in the last part (exteriorization) of an incident which began with Interiorization.

Not only are you touching on something (exteriorization) late on a chain (which has hundreds of billions of like incidents ahead of it), you are also touching something which is late in the incident (which began with interiorization).

On both counts then, the TA may go high.

<u>THE REMEDY</u>

The remedy is to audit out <u>Interiorizations</u> (i.e.: times the person <u>went in</u>).

If this is done, then the pc can be audited all you want after Exteriorization.

Auditing the Interiorizations by recall, secondaries, engrams, triple flow on each, restores the possibility of auditing a pc after an exteriorization has occurred in auditing.

<u>THE PROCESS:</u>

<u>THE EXTERIORIZATION INTENSIVE</u>

The Case Supervision and auditing for Exteriorization Intensive are to be done by Scientology auditors who are <u>also</u> HSDCs.

This Intensive is done using the exact steps of R3-R with no steps omitted. The commands and procedure should be cleared very well with the pc as follows.

1. Omit Ruds but if pc upset you can do a rapid L1-B. Grab first item or big read. Indicate any charge.

2. Do an Auditing CS-1 per HCO B 8 Jan 71 as needed and particularly on the R3-R steps 1 to 9 and A to D.

3. Clear EXTERIORIZATION as "the act of moving out of the body with or without full perception".

4. Check for having been audited after exteriorization by simply asking "Have you been audited after exteriorizing?" (TA should come down and F/N, Cog and VGIs).

5. Rehab (rehabilitate) condition by getting or counting number of times exteriorized. (You should get F/N, Cog and VGIs.)

6. (a) Clear INTERIORIZATION as the state or condition of being interiorized.

(b) Carefully clear TO GO IN as the act of the <u>verb</u> Interiorizing.

(c) Carefully clear WENT IN (past tense of the verb "to go in") as the past tense of the act of Interiorizing.

7.   (a) Have the pc do a Clay Demo of a person going into a room and another Clay Demo of a person going into an automobile.

(b) Have the pc walk into the room a few times until he gets the idea of what WENT INTO means.

It is very important to clear steps 6 and 7 carefully so that the pc understands that what you will be auditing is times the PC WENT IN or times others were caused TO GO IN - and NOT "was in" or "was stuck in" or "sat in", but the actual times when the action of going in occurred.

8.   Run 4-way Recall on WENT IN.

RF 1 — Recall a time you went in. (To F/N, Cog, VGIs.)

RF 2 — Recall a time you caused another to go in. (To F/N, Cog, VGIs.)

RF 3 — Recall a time others (or another) caused other to go in. (To F/N, Cog, VGIs.)

RF 0 — Recall a time you caused yourself to go in. (To F/N, Cog, VGIs.)

NOTE: Recall is not taken earlier.

9.   Run 4-way Secondaries. The Step 1 and its going earlier command for each of the four flows are verbatim as follows:

SF 1 — Locate an incident of loss or emotion when you went in. (R3-R to basic, EP = F/N, Cog, VGIs, Erasure.) Going Earlier: Is there an earlier incident of loss or emotion when you went in? (R3-R to basic, EP = F/N, Cog, VGIs, Erasure.)

SF 2 — Locate an incident of loss or emotion when you caused another to go in. (R3-R to basic, EP = F/N, Cog, VGIs, Erasure.) Going Earlier: Is there an earlier incident of loss or emotion when you caused another to go in? (R3-R to basic, EP = F/N, Cog, VGIs, Erasure.)

SF 3 — Locate an incident of loss or emotion when others caused others to go in. (R3-R to basic, EP = F/N, Cog, VGIs, Erasure.) Going Earlier: Is there an earlier incident of loss or emotion when others caused others to go in? (R3-R to basic, EP = F/N, Cog, VGIs, Erasure.)

SF 0 — Locate an incident of loss or emotion when you
caused yourself to go in. (R3-R to basic, EP = F/N, Cog,
VGIs, Erasure.) Going Earlier! Is there an earlier
incident of loss or emotion when you caused yourself to
go in? (R3-R to basic, EP = F/N, Cog, VGIs, Erasure.)

10. Run 4-way Engrams. The Step 1 and its going earlier
command for each of the four flows is as follows:

EF 1 — Locate an incident containing pain and unconsciousness
when you went in. (R3-R to basic, EP = F/N, Cog, VGIs,
Erasure.) Going Earlier: Is there an earlier incident
containing pain and unconsciousness when you went in?
(R3-R to basic, EP = F/N, Cog, VGIs, Erasure.)

EF 2 — Locate an incident containing pain and unconsciousness
when you caused another to go in. (R3-R to basic, EP =
F/N, Cog, VGIs, Erasure.) Going Earlier: Is there an
earlier incident containing pain and unconsciousness when
you caused another to go in? (R3-R to basic, EP = F/N,
Cog, VGIs, Erasure.)

EF 3 — Locate an incident containing pain and unconsciousness
when others caused others to go in. (R3-R to basic, EP =
F/N, Cog, VGIs, Erasure.) Going Earlier: Is there an
earlier incident containing pain and unconsciousness when
others caused others to go in? (R3-R to basic, EP = F/N,
Cog, VGIs, Erasure.)

EF 0 — Locate an incident containing pain and unconsciousness
when you caused yourself to go in. (R3-R to basic, EP =
F/N, Cog, VGIs, Erasure.) Going Earlier: Is there an
earlier incident containing pain and unconsciousness when
you caused yourself to go in? (R3-R to basic, EP = F/N,
Cog, VGIs, Erasure.)

NOTE: The sequence of running is only as given above. Do
not alter the sequence.

NOTE: Do not omit any steps of 1 to 9 or A to D in R3-R
procedure.

NOTE: Each flow as given above is to end with F/N, Cog,
and VGIs. Don't chop the F/N by indicating until pc has had
his cognition and VGIs. Thus erasure will occur.

CAUTION: THIS INTENSIVE MUST BE DONE IN ONE SESSION.

It will be seen that Recall and R3-R steps and procedure
are standard except they address the subject "Interiorization"
(expressed as WENT IN or TO GO IN).

FUTURE AUDITING

One should now be able to audit the pc even after exteriorization.

WARNING

This is a major case action and should only be run when the pc is rested and in good physical shape.

SUMMARY

If a pc goes exterior on Dianetics, Scientology lower grades or at OT levels, one at once audits out the chain of Interiorizations, using the above C/S. With this done the pc or Pre OT can go on being audited.

The way is open to more powerful OTs.

All fundamental discoveries are essentially simple ones.

Revised by

Training and Services Aide

By order and for

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